

STANDARDIZATION OF *MEDHYARASAYANA* USED IN THE MANAGEMENT OF *MANODVEGA*

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Medhyarasayana a compound herbal preparation of two medicinal plants is prepared from water extracts of Brahmi (*Bacopa monnieri* (L.) Pennell), and Vacha (*Acorus calamus* Linn.). It has a great role in reducing anxiety. In the classics there is a mention of Brahmi and Vacha in the improvement of Medha. These drugs have also been mentioned as Rasayana (rejuvenating and restorative). The beneficial effects of these drugs for the treatment of psychological and psychosomatic disorders suggest that they might be having sedative and tranquilizing properties.

In the present paper chemical analysis of *Mehyarasayana* is provided highlighting the important constituents and the phytochemical parameters. These studies help in laying down the pharmacopoeial standards.

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